

**Elders**

- Johnny Davis ..... 744-1636
- \*Dan Fuller ..... 478-3755
- Joe Holland ..... 626-2809
- Jerry Hopkins ..... 434-4188
- Phil Porter ..... 575-4782
- \* Chairman for the Month of September

**Evangelists**

- Dan Jenkins ..... 744-4559
- David Sproule ..... 301-2230
- Josh Blackmer ..... 319-1418

**Deacons**

- Mike Archer ..... 422-2995
- David Brown ..... 972-7608
- Novel Brown ..... 848-6988
- Chuck Clark ..... 627-4132
- Victor Colage ..... 798-6275
- Lance Collier ..... 793-2718
- Jim Davis ..... 747-2984
- Mike Erickson ..... 310-9916
- Tim Fry ..... 373-9121
- Jeff Goodale ..... 261-1188
- Rick Hall ..... 622-5131
- Paul Hensel ..... 602-3928
- Bob Higbee ..... 303-386-6405
- Gary Jenkins ..... 889-3585
- Dick Kelley ..... 968-1799
- Jeff Leslie ..... 744-3444
- Paul Metzkes ..... 736-9086
- Buzz Nelson ..... 627-4890
- Jerry Pittman ..... 793-2725
- Kevin Weeks ..... 386-4108

**Church Office**

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Vol. LIII

September 7, 2014

No. 36

# New Adult Bible Classes

SEPTEMBER THRU NOVEMBER

SUNDAY MORNINGS at 9:00 A.M.

<i>Minor Prophets</i>	Dan Jenkins (Auditorium)
<i>Successful Christian Living: 1 &amp; 2 Peter</i>	Bill Ingram, Jr. (Adult 1)
<i>Young Adults: Ten Joys of Christianity</i>	David Sproule (Adult 3)

WEDNESDAY EVENINGS at 7:00 P.M.

## SEPTEMBER

<i>The Bible &amp; Jehovah's Witnesses</i>	Dan Jenkins (Auditorium)
<i>Biblical Parenting</i>	Dan Fuller (Adult 1)
<i>For Ladies: Bad Girls of the Bible</i>	Traci Sproule (Adult 2)

## OCTOBER

<i>Family/Youth Work at PBL</i>	Josh Blackmer (Auditorium)
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## NOVEMBER

<i>Selected Psalms</i>	Douglas Alvarenga (Aud.)
<i>Personal Evangelism</i>	Dan Jenkins (Family Room) & Josh Blackmer
<i>For Ladies: Bad Girls of the Bible</i>	Traci Sproule (Adult 2)



By Dan Jenkins

## What Does It Say?

In the early 1970s, I was part of Camp CACY, Central Alabama Christian Youth camp, for several years. It was there that I became friends with Hudson Nichols, Gus Nichols' youngest son. He was older than me, but wiser beyond the years he had lived. Hudson and I became close friends during that week, and we worked together every summer. I learned so much about dealing with camp life and young people. He was the best "camper" I have ever known.

There was an even greater lesson he taught me in those late night Bible studies (some of which lasted all night), and that is how to look at a verse and see exactly what boundaries are established by that verse. Those who sit in my classes will recognize his influence. After reading a verse, I often ask, "Now what does this verse say?"

Hudson and I would look at a passage, and he would ask me a series of questions. (1) What does it say? (2) What does it *not* say? (3) What does it imply? (4) What does it *not* imply? This approach to Bible study helps so much, especially when dealing with a difficult passage.

Let me illustrate how difficult this is. Mark 16:16 says, "He who believes and is baptized will be saved." We would read this verse, and Hudson would ask me, "What does it say?"

How would you answer that? I would answer various ways. I would say something like, "It says one cannot go to heaven without being baptized." Hudson would kindly say, "No, it does not." I might try again, saying, "It says baptism is essential for salvation." He would reply, "No, it does not." Frustrated, I might try again, saying, "It says that one is not saved by faith alone." Again his reply was, "No, it does not say that."

I would ask him to help me. He would ask me to read the verse again. Do you know what it says? It says, "He who believes and is baptized will be saved." That is what it says! He would then ask me, "What does it *not* say?" There are several answers to this question, but an obvious one is that it does not say that he who believes and is not baptized will be saved.

What does it imply? It certainly implies many of the answers I gave after his first question. However, to find the implications one must first look carefully at what it actually says. What does it *not* imply? Among other things, it does not imply that unbaptized infants are lost.

Now, Mark 16:16 is rather easy, but the process is more difficult in other passages. However, the rewards of this approach are so helpful in dealing with very difficult verses. For example, what does Matthew 24:35 say? What does Revelation 1:1 say? What does Acts 8:15 say? I owe a debt to Hudson and to all those who have helped me learn how to study.

**A series of four questions will make a difficult verse easier to understand**



By David Sproule

## What do "Choosy Moms" choose?

JIF peanut butter used to have a slogan (and maybe they still use it), "*Choosy moms choose JIF.*" Pretty clever. In other words, if you're a mom who's interested in making smart choices for your children and looking for what is very best for your children, then the natural thing for you to do is to choose JIF peanut butter. *Are you a choosy mom?* What other sorts of things would "choosy moms" choose?

**Choosy moms choose to take their kids to Bible class.** Of all the places moms take their kids (like she's a taxi service), Bible Class should be the top destination every Sunday and Wednesday.

**Choosy moms choose Christ-centered priorities for their homes.** It is easy to let friends, school and extra-curricular activities set the priorities for the family, but moms know Christ alone must be first.

**Choosy moms choose appropriate entertainment inside their homes.** Games, movies, TV shows, apps, phone usage—these are not things for children to make decisions on their own but are things that moms need to regulate.

**Choosy moms choose modest, appropriate, "professing-godliness" apparel for their daughters (and themselves).** This isn't easy or popular today, but if girls do not learn modesty at home (from mom), where will they learn it?

**Choosy moms choose to respect their husbands as the head of the house and support him in that role.** The Bible still teaches that "the husband is the head of the wife," and every mom should show her children how God's roles in the home are the best and need to be honored every day.

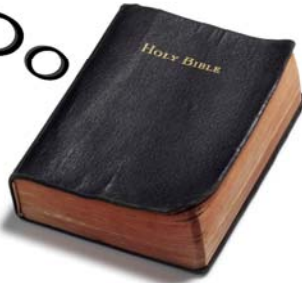
**Choosy moms choose positive attitudes when discussing the church and its members.** What a mom says and how she says, when she's talking about "people down at church," will have a direct impact on how those children grow up and view the church.

**Choosy moms choose to teach with words and exemplify in actions true love for the Lord and His Word.** Just like "being a mom" is a 24/7 "job," being a Christian is a 24/7 "job," and children need to grow up with a deep love for God, for Jesus and for the Bible because that's what they saw in mom.

Being a "choosy mom" is not the easiest or most popular path to take. Sometimes moms would rather be "non-choosy" or "I-don't-care-go-away" moms. Sometimes moms have so much going on and so many things to do, that it's tempting to let "church stuff" slide and "godly living" fade. Unlike the message of the nifty slogan, "choosy moms" usually have much tougher choices than which peanut butter to buy.

Thank God for "choosy moms," who only want what is very best for their children and thus choose to be "choosy"!

**Being a "choosy mom" is not the easiest or most popular path to take.**



Published in  
**PBL Family News Emails**

*the week of  
August 31, 2014*

### **Get your exercise!**

We live in a time when many folks have placed a high priority on physical fitness. How many do you know who have a “**gym** membership” or maybe a “home **gym**”? In some school systems, they had taken “**gym** class” out of the schedule, but now they’re bringing it back. Of course, in schools, “**gym** class” is often held in the **gymnasium**. What does this have to do with us?

Our English word “gymnasium” comes from the Greek word *gymnasia* and its corresponding verb *gumnazo*. The noun is found once and the verb is found four times in the Greek New Testament. English versions translate it as “exercise” (NKJV), “discipline” (NASB), “training” (ESV). The spiritually-fit Christian, according to God’s workout regimen, is to exercise himself “toward godliness” (1 Tim. 4:7), training his senses “to discern good and evil (Heb. 5:14), in order that the discipline might yield “the peaceful fruit of righteousness” (Heb. 12:11).

Are you working out your senses toward godliness? Are you exercising in God’s gym? – DS

### **God wants what is best for you!**

It can be easy to look at the Bible as only “a bunch of do’s and don’ts,” with God shaking His finger and telling us what to do and what we can’t do. However, is that the right approach?

In the book of Deuteronomy, Moses was re-establishing God’s covenant with second-generation Israelites. Chapter 6 is a microcosm of the rest of the book: “This the commandment...You shall...You shall...You shall...You shall... You shall...You shall not...You shall not...You shall... And you shall do what is right and good in the sight of the Lord, **that it may be well with you.**” And then he concludes the chapter with this summary: “The Lord commanded us to observe all these statutes, to fear the Lord our God, **for our good always**, that He might preserve us alive, as it is this day” (6:24). Did you notice why God gives all these commands (all the “shall” and “shall not” commands)? **FOR OUR GOOD ALWAYS!** Read it again in 10:12-13.

As a Loving Father, God wants what is best for us...ALWAYS! Do you trust Him? – DS

# Keep in Your Prayers



## Pray for These PBL Members

<b>Joy Cantrell</b>	Palms West Hospital (room 453), severe infection
<b>Kaylani Carmona</b>	outpatient procedure on Tuesday (9/9)
<b>Ellen Gager</b>	gallbladder surgery on Monday (9/8)
<b>Betty McQuinn</b>	recovering at home from surgery, now has diverticulitis
<b>Linda Studer</b>	recovering at home from cancer surgery
<b>Lawrence Williams</b>	recovering at home from thyroid surgery
<b>Leonard Williams</b>	broken big right toe

### Long-Term Health Issues

<b>Lillian Bankston</b>	dialysis treatments
<b>Janet Hickerson</b>	suffering with back pain
<b>Deidra Miley</b>	dialysis treatments
<b>Ruth Milton</b>	chronic health problems
<b>Silas Moses</b>	dialysis treatments
<b>Charles Norton</b>	dialysis treatments
<b>Gene Puckett</b>	dialysis treatments
<b>Norm Smedley</b>	breathing problems
<b>Patricia Ventress</b>	both kidneys removed

<b>Our Shut-Ins:</b>	Cora Lee Dennis	Margaret Griffo	Shelton Howell	Betty Matter	Leigh Puckett
	Millie Ames	Kay Fish	Margie Hardin	Lennie Langley	Ricky Smedley
	Vera Day	Helen Gardner	Loretta Holaday	Jean McMasters	Rosa Nash
					Margaret Wade

## Pray for These Relatives of PBL Members

<b>Ed Campbell</b>	Tasha Ellis' stepfather, preleukemia, undergoing chemo
<b>Craig Clark</b>	Chuck Clark's brother, terminal
<b>Shirlee Clucas</b>	Chuck & Mary Reeves' sis-in-law, COPD, critical condition
<b>Carl Hoeweler</b>	Jennifer Jordan's uncle, chemo & radiation for cancer
<b>Perry King</b>	Bettye King's father, under Hospice Care, liver cancer
<b>Susan Schenk</b>	Leesa Schenk's sister-in-law, diagnosed with bone cancer
<b>Mason Lerro</b>	Richard & Judy Lerro's great-grandson, chest surgery
<b>Charles Thomas</b>	Giselle Smith's father, health is failing

*Remember*  
**Our Mission Works**

*Paraguay*  
**Troy & Andrea Spradlin**

*Pacific Islands*  
**Robert & Mary Martin**  
**Scott & Rebecca Shanahan**  
**Joey & Tammy Treat**

*Africa*  
**Tamuka Arunashe**  
**Nnanna Aforji**

*Montgomery, Alabama*  
**Apologetics Press**

*Coral Springs, Florida*  
**Mauricio Yegros**



# Church Family Calendar of Events

## Sunday, September 7

- ◆ **Fall Quarter Bible Classes Begin.**
- ◆ **Blackmer Family Celebration Luncheon** after morning worship in the Family Room. Everyone is encouraged to bring food (and drinks) and share in this time of welcoming back and honoring our missionary family.
- ◆ **Renova Nursing Home Visit** at 2:30 p.m.

## Monday, September 8

- ◆ **NO Monday Night Bible Study** this week.

## Tuesday, September 9

- ◆ **Tuesday Morning Bible Study** at 10:30 a.m. in the Family Room.

## Saturday, September 13

- ◆ **Widows & Widowers Luncheon** from 11:30 a.m. until 2:30 p.m. at the home of Kane & Fran Campbell. See Fran Campbell or Joan Holloway for more details.

## Sunday, September 14

- ◆ **Baby Shower for Taylor & Natalie Reeves** at 4:30 p.m. in the Family Room. They are registered at Pottery Barn Kids, Buy Buy Baby and Target. *It's a boy!*

## Sunday, September 14 (cont.)

- ◆ **Youth & Family Singing** after evening worship in the Family Room. Every member is invited to stay and sing for about 35 minutes.

## Sunday, September 21

- ◆ **Joey Treat Mission Report** at 9:00 a.m. Jr. High, Sr. High & all adult classes will meet in the Auditorium.
- ◆ **EDP Meeting** at 4:00 p.m. in the Family Room.

## Sunday, October 5

- ◆ **Renova Nursing Home Visit** at 2:30 p.m.

## Friday-Sunday, October 10-12

- ◆ **Spiritual Enrichment Weekend at CFBC.** This year's theme is "Promises." Cost is \$65 per person. Sign up on the bulletin board, fill out a registration form (on the Welcome Desk in the Lobby) and return it to Jeff Leslie.

## Sunday, October 12

- ◆ **Youth & Family Singing** after evening worship in the Family Room. Every member is invited to stay and sing for about 35 minutes.



## Palm Beach Lakes

# Young Adults

## Monday, September 15

- ◆ **Young Adult Ladies' Prayer Night** at 6:30 p.m. at the home of Cindy Nelson. Bring sides, drinks and desserts.

## Sunday, September 21

- ◆ **Young Adult Meeting** after evening worship in Adult 1.

## Friday-Sunday, September 26-28

- ◆ **Live Saved at CFBC.** Sign up on the bulletin board. Register and pay (\$45) at [cfbiblecamp.org](http://cfbiblecamp.org). If you can provide transportation for some of our teens, please note next to your name on the sign-up sheet how many you can take with you.

## Friday-Sunday, October 10-12

- ◆ **Spiritual Enrichment Weekend.** This year's theme is "Promises." Cost is \$65 per person. Sign up on the bulletin board, fill out a registration form (on the Welcome Desk in the Lobby), and return it to Jeff Leslie.

## Sunday, October 19

- ◆ **Young Adult Meeting** after evening worship in Adult 1.



## Palm Beach Lakes

# Youth

## Saturday, September 13

- ◆ **Young Families' Get-Together** at 5:00 p.m. at the home of Rick & Melinda Price for families with children in 5th Grade and under (babies included). Sign up on the bulletin board in the lobby to bring salad, fruit, drinks or a dessert. See Melinda Price for more details

## Sunday, September 14

- ◆ **Youth & Family Singing** after evening worship in the Family Room. Every member is invited to stay and sing for about 35 minutes.

## Saturday, September 20

- ◆ **Jr. High & Sr. High Family Game Night** at 6:30 p.m. in the Family Room. Bring your favorite games and snacks to share.

## Friday-Sunday, September 26-28

- ◆ **Live Saved at CFBC** for those 13 years old and up. Sign up on the bulletin board. Register and pay (\$45) at [cfbiblecamp.org](http://cfbiblecamp.org).

# Equipping & Edifying Families



## 5 Ways to Keep Cool with Your Family Stress

One of the most mythical figures in Super Bowl history is Joe Montana. According to ESPN.com, he possessed a mystic calmness in the midst of chaos, especially with the game on the line. While others saw turmoil and danger after the snap, Montana saw order and opportunity. He was Joe Cool, the unflappable king of the comeback. Montana was neither exceptionally fast nor tall, nor did he have a bazooka for an arm, but *Sports Illustrated* headlined a story on Montana as, "The Ultimate Winner." Montana won four Super Bowls in four appearances and became the only player to earn MVP three times. While you may not ever be called to march your team down the field to score the winning Super Bowl touchdown, you can possess the same calmness of Joe Cool in the everyday craziness of your household. Here are 5 ways to keep cool with your family stress:

- 1. Pray.** It's not all about you. Simply acknowledging God can take the edge off of debilitating anxiety.
- 2. Exercise.** Research indicates that blood pressure can be reduced by regular exercise. At the same time, clarity of thought is increased due to a better flow of oxygen to the brain. Additionally, exercise shifts our focus away from tension. Exercise also helps us to feel better, and when we feel better, we tend to be less overwhelmed when we have to deal with stress. Think of exercise as basic "equipment maintenance." When we're in better shape, we're better equipped to stay calm and make a positive impact.
- 3. Humor (seriously).** The simple act of smiling makes a positive impact, and laughter is proven to be downright medicinal. You don't have to crack jokes all the time, but we are recommending a smile. Humor not only cracks the tension, it takes the focus away from our tendency to react negatively. It's a natural coolant in times of chaos.
- 4. Find a quiet space.** Sometimes we have to find a way to turn off the noise. Try soothing music in place of angry talk radio on your way to work. Experiment with a "No TV hour" before dinner when the house is just too crazy. Maybe you can step away for a quiet 15-minute walk. In the middle of chaos you can't escape, try a simple breathing exercise. Just two-minutes of absolute silence can take the heat off a troubled spirit. The point here is to be deliberate and take some measure of control.
- 5. Keep things in perspective.** The big picture is never as overwhelming as the moment. When you're upset with your children, be thankful they're healthy. If you're mad at your spouse, remember why you married. When you're running late for work, spare a thought for the unemployed. When your home seems to be one continuous soap opera, give yourself a time out and offer a prayer of gratitude for your spouse and kids.

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NEW CHILDREN'S CLASSES	Teachers — September - November	
Cradle Roll	Luann McLeod	"God Made Me"
Toddlers & Pre-2	Melinda Price	"Three Great Leaders"
Age 3 thru Grade 5	Continue Semester #5 of "Stepping into the Bible"	
Grades 6-8	Sun: Rick Hall	"Letters to the Churches"
	Wed: Chris Thompson	"Bible Basics"
Sr. High	Sun: Kevin Weeks	"1 & 2 Thessalonians"
	Wed: David Sproule	"Get Real"

**"...always abounding in the work of the Lord..." (1 Cor. 15:58)**



Sunday,  
August 31

No words could express my gratitude and love for the young adults who came to my house on August 23 to clean my backyard of weeds and debris. Special thanks to Ivan & Amber Villard who spearheaded the job and Amber for trimming my gardenia bush. The entire crew worked well, hard and long. I'm eternally grateful for all who came.

With a loving heart, Ruth Lipford



**LOCAL VISITORS:** Debora A. Andress; Mrs. Bonnie Beatty; Rick Donahue; Ms. Dorcas Francois; Lauren Grimaldi; Kyle Hackius; Alexandria Harmon; Michelet Jean; John Loftis, Jr.; David & Daisy Lord & family; Rudolph March; Maureen Machan; Mr. & Mrs. Tom Poore; Rick & Kathy Reitano; Miss Caitlynn Nicole Sowders; and Ken & Connie Tipton.

**OUT OF TOWN VISITORS:** Ms. Ashley Brooks, Palm City, FL; David Black, Salt Lake City, UT; Miss Brittany Borders, Montgomery, AL; Mrs. Jaime David, Apopka, FL; Ms. Kathy Dean, Elberton, GA; Ilene & Andrea Edwards, Port, St. Lucie, FL; Liz Erickson; Miss Amanda Fetting, Boca Raton, FL; Mrs. Joyce Giffin, Brenda & Connor, Madison, AL; Tom & Felicia James, Pooler, GA; Stephen Johnson, Plantation, FL; Doug Ludolph, Montgomery, AL; Greg & Michelle Morris, Cordova, TN; Allee Shirrell, Stuart, FL; Darlene Smith, Valdosta, GA; Scotty Studer & family, Hermitage, TN; Mrs. Clara Summerville, Winter Haven, FL; Mrs. Lenis Villard & Nahum, Daytona Beach, FL; and Mrs. Carol Wedge, Oxford, MS.



<u>Sunday (September 7<sup>th</sup>)</u> Ariana Aristy Bill Ingram, Jr. Daniel Wagner	<u>Wednesday (Sept. 10<sup>th</sup>)</u> Debi Watson
<u>Monday (September 8<sup>th</sup>)</u> Verdell March Katie Sproule	<u>Thursday (September 11<sup>th</sup>)</u> Mario & Marcia Clough-Moss (Ann.)
<u>Tuesday (September 9<sup>th</sup>)</u> Jennifer Carver	<u>Friday (September 12<sup>th</sup>)</u> Darin Summerlot

### Those to Serve

*If you cannot serve, please call Mike Ellis at 775-3533.*

*If you are scheduled to serve on Sunday morning, please meet in the Grades 6-8 classroom at 9:50 a.m.*

*If you are scheduled to serve on Sunday evening, please meet at the front of the auditorium at 5:50 p.m.*

#### Sunday Morning, September 7

Lead Singing ..... Gary Friedly  
Opening Prayer ..... Richard Lerro  
Scripture Reading.....Richard Watson  
Presiding at Table .....David Thorpe  
Serve at Table:  
Pete Brown           Jeremy Maloney  
Andy Griffiths       Carmen Ruckman  
Namdidie Ikon       Brad Shelt  
Orlando Lolo         Mike Trujillo  
Alternates:  
Mike Erickson       Dan Fuller  
Closing Prayer ..... Charles Hayes

#### Sunday Evening, September 7

Lead Singing .....Jerry Pittman  
Opening Prayer ..... Phil Porter  
Scripture Reading.....Dan McLeod  
Presiding at Table..... Bob Higbee  
Serve at Table:  
Bobbo Lupo  
Austin Metzkes  
Vincent Rogers  
Closing Prayer ..... Eugene Williams  
**Wednesday Evening, September 10**  
Lead Singing ..... Harrison Carter  
Extend Invitation.....Victor Colage  
Family Prayer ..... Joe Holland

#### Our Record

Attendance	<u>Aug. 31</u>	<u>July Avg.</u>
Sun. Bible study	249	229
Sun. A.M. Worship	363	376
Sun. P.M. Worship	180	184
Wed. Bible study	199	204
Contribution	\$14,685	\$13,263
2014 Weekly Budget: \$13,670		
Y-T-D Contribution-to-Budget: +20,031		

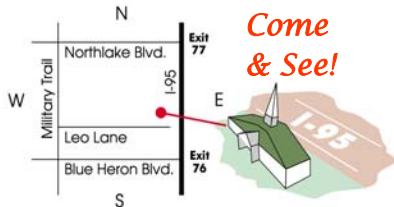
Ushers for the week of **Sept. 7:** Head Usher: Kane Campbell, Edward Gager & Paul Metzkes



# PALM BEACH LAKES CHURCH OF CHRIST

4067 Leo Lane  
Palm Beach Gardens, FL 33410  
www.pblcoc.org

*Speaking where the Bible speaks, silent where the Bible is silent.*



*Come & See!*

## Palm Beach Lakes Church of Christ Bulletin (USPS 097-200)

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Palm Beach Gardens, FL 33410-6401

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### Service Schedule

#### Sunday:

Bible Classes..... 9:00 a.m.  
Worship ..... 10:00 a.m.  
Worship ..... 6:00 p.m.

#### Wednesday:

Bible classes ..... 7:00 p.m.

Front Cover: Les McQuinn & Gary Friedly

## Upcoming Events

### September 7

Blackmer "Return from the Mission Field" Celebration

### September 21

Joey Treat Mission Report

### September 21

Important Elders, Deacons, Preachers Meeting

### September 26-28

Live Saved Weekend at CFBC

### October 10-12

Spiritual Enrichment Weekend

### November 6-9

19th Annual South Florida Lectureship

Theme: "Part of the Family"

Speakers: All from the Jenkins' Family

DO YOU NOT KNOW THAT YOUR BODY IS A  
**TEMPLE OF THE HOLY SPIRIT**  
WITHIN YOU, WHOM YOU HAVE FROM GOD?

YOU ARE NOT YOUR OWN  
FOR YOU WERE BOUGHT  
WITH A PRICE | **GLORIFY GOD** | 1 CORINTHIANS 6:19-20  
IN YOUR BODY